

Mental Health/ Substance Abuse Outpatient Treatment Review Form

Fax: 1-844-602-4630

UM Department Phone:
1-866-816-1722

Member: _____ Provider Name: _____ Provider Telephone: _____
 Member DOB: _____ Provider Group/Clinic: _____ Provider Fax: _____
 Member ID: _____ Service Address: _____ City/State/Zip: _____
 Provider ID/NPI: _____ Tax ID# _____

Mental Health/Substance Abuse History

Yes No Previous Mental Health or Substance Abuse treatment inpatient/outpatient:

Level of care:	Dates Tx:
Level of care:	Dates Tx:
Level of care:	Dates Tx:

Yes No Drug/Alcohol Use (For Past 12 Months) If **YES** complete the following:

Substance	Amount	Frequency	Age Began	Last Used

For Current Substance Abuse Treatment:

Attended AA/NA? Yes No Linked to a Sponsor? Yes No

TOXICOLOGY

Date	NEG	POS	Substance	Notes

Toxicology Substance: ALC: Alcohol; AMP: Amphetamine; BAR: Barbiturates; BEZ: Benzodiazepine; COC: Cocaine; MET: Methadone; OPI: Opiates; PCP; PM: Prescription Medication; SUB: Suboxone; THC: THC

Current Signs/Symptoms (please check box if currently present):

<input type="checkbox"/> Generalized Anxiety	<input type="checkbox"/> Pressured Speech	<input type="checkbox"/> Loose Associations
<input type="checkbox"/> Depressed Mood	<input type="checkbox"/> Weight Loss/Gain	<input type="checkbox"/> Psychomotor Retardation
<input type="checkbox"/> Appetite Disturbance	<input type="checkbox"/> Panic Attacks	<input type="checkbox"/> Concentration/Attention Problems
<input type="checkbox"/> Sleep Disturbance	<input type="checkbox"/> Phobias	<input type="checkbox"/> Impulse Control Problems
<input type="checkbox"/> Low Energy	<input type="checkbox"/> Obsessions/Compulsions	<input type="checkbox"/> Conduct Problems
<input type="checkbox"/> Agitation	<input type="checkbox"/> Circumstantial/Tangential	<input type="checkbox"/> Oppositional Behaviors
<input type="checkbox"/> Labile	<input type="checkbox"/> Sexual Dysfunction	<input type="checkbox"/> Acute Stress Disorder
<input type="checkbox"/> Irritability	<input type="checkbox"/> Paranoid Ideation	<input type="checkbox"/> Other:

Mental Status (please check box if present):

<input type="checkbox"/> Oriented x3	<input type="checkbox"/> Impaired Memory	<input type="checkbox"/> Delusions- Type:
<input type="checkbox"/> Impaired Judgment	<input type="checkbox"/> Other Cognitive Impairment:	<input type="checkbox"/> Hallucinations- Type:

Member: _____

ID# _____

Risk Assessment (please check NO if not present- if checked, please provide additional information)

<input type="checkbox"/> Yes <input type="checkbox"/> No	SUICIDAL RISK:	<input type="checkbox"/> Yes <input type="checkbox"/> No	HOMICIDAL RISK:	<input type="checkbox"/> Yes <input type="checkbox"/> No	ABUSE RISK:
<input type="checkbox"/> Yes	Ideation	<input type="checkbox"/> Yes	Ideation	<input type="checkbox"/> Yes	Ideation
<input type="checkbox"/> Yes	Intent	<input type="checkbox"/> Yes	Intent	<input type="checkbox"/> Yes	Intent
<input type="checkbox"/> Yes	Plan	<input type="checkbox"/> Yes	Plan	<input type="checkbox"/> Yes	Plan
<input type="checkbox"/> Yes	Means	<input type="checkbox"/> Yes	Means	<input type="checkbox"/> Yes	Means
<input type="checkbox"/> Yes	Attempt	<input type="checkbox"/> Yes	Attempt	<input type="checkbox"/> Yes	Attempt

Medication Name/Dosage/Frequency:

Rx by: Psychiatrist PCP

Not applicable:

1.
2.
3.

Diagnosis (please include Mental Health (DSM-5 or ICD-10) and other applicable co-occurring diagnoses)

Axis I:

Psychosocial Stressors:

Treatment Plan

GOAL #

Progress/Lack of Progress on Goal:

Goal Status: Accomplished & Removed Continue Additional Progress Needed Revised –See New goal/objective

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Goal Status: Accomplished & Removed Continue Additional Progress Needed Revised –See New goal/objective

Member: _____

ID# _____

Discharge criteria/Plan:

Number of sessions estimated to complete this episode of care: _____

Treatment Request

Date of first visit for this episode of care: _____

Number of sessions to date: _____

Requested Start Date for this registration: _____

Please indicate type(s) of service requested and frequency:

Initial Diagnostic Evaluation (90791) with Medical (90792)

Family Psychotherapy (45-50min) 90847

Wkly Mthly Qrtly Other: _____

Indiv. Psychotherapy (45min) 90834

Wkly Mthly Qrtly Other: _____

Group Psychotherapy (60-90min) 90853

Wkly Mthly Qrtly Other: _____

Indiv. Psychotherapy (60min) 90837

Wkly Mthly Qrtly Other: _____

Other: _____

Wkly Mthly Qrtly Other: _____

Clinician Signature: _____ Date: _____